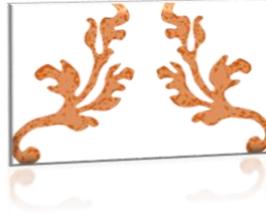


Safar

By Maqdis



**Safarka Nolosha
& Dhiirigelin iyo Hagaajin**



SAFAR

By maqdis

Hordhac

Waa mahadsantahy ina aqrineyso bugan

Waxa ku rajeyna ina wax kafaiddo

i.a waxa noolnahay waa wax yar

**yana ku dhiman cabsiyahena an so bandhigno
ugu yaraan**

kadib macankeda ama nolosha an yaro argno

Asc

,heerka nolosha manta ad marowso nuuce ahataba
waxa mareysaa bartada laguugu talagalay mahan qof
ahantada waa xalada nolosha ka hadlaya

Fikirka ;

waa maxay fikir ?

fikirka ad fikirto hada

isla hadalka ad sameyso

waxa maskaxdada kuso dhaco

maxu faiido leyahay ?

waxqabadka ad sameyso

hormarka bilowgisa

fahanka

wee ficantahay inaa fikiroosa ugu yaraan

Stuck (ina hal meel / hal xaalad iskaga dhaxjirto)

Dareenkas waa mar la daremo xiliyada qar dadka qaar iyo marmarka qaar .

Waa adagtahay marmarka qaar in laga baxo xaladasas

Sababihisa neh waa nuuc yo kala duwantahay

Xaalada ad daremeso hada ee stucka ah waa mar kuso marta nolosha waana laga bixi karaa

Waxaa jogna duni taas oo ah waxyar qiimaheeda iyo
howlaheeda dhaman.!

Badankeyna waxeynu raacna dhaldhalankyna iyo
shahwaadkena taas hada anaga nalaqurxan ama nala
fudud berise noo keynesa dhib

Yaa
aaarabiiiiiii
iii
iii

Nooo
oo

Gargaarr
rr

Waxeynu nahay masaakiimo kuwaas oola uumay
noola soo barbariye

Beri neh waxaan ka tageyna anagoo eber ah yar

Taaaaaas

Maxa hada dareymesa ?

Si maalinle maxad u sameysaa?

Waa maxay waxyabaha ku fikirto?

Ok

Waa qortay wadna fahantahay waxa ay yihiin

Hada waa inaa xalka eegna

Ugu horeyn

1. Goobta hagaaji mesha ku dhaw adi ku qaasa ama
joozeyso

2. Is nadiifi

3. Bug iyo qalin soo qaado

4. Qor waxa tahay !
waxa rabto!

✓ Ina iska badasho

! inaa noqoto

! Ina sii jogteyso

ina sameyso!

! Inaa ku faanto

! inaa gaarto

! Ina sii wado

ina xaqiijiso!

DAREEN

- DAREEN HOOYINIMO
- DAREEN CAASINIMO
- DAREEN ADKEYSI
- DAREEN CABSI
- DAREEN KALSOONI DARO
- DAREEN WEYNID
- DAREEN ISKA INDHO TIR
- DAREEN XAASIDNIMO

Mid ku hale !

waa asal dhamaan inaa dareenadas aragta
xaqiiqda ugu weyn ah in Dareen kasto nolosha ku
sineyso aqbasha

diidmada iyo iska weynida ama isla dhicida iyo
cabsi waxba ma xalineyso

Mida kowad ah aqbalida ina dareymeso

Aaminka inuu dhacay

Ogaashaha dhicidisa ama xaqiiqsashada inuu
dhacay

Sida ad tahay waxa ad sameyso ina nooshahay
waxas wa aragna loma bahno wan ognahay

Daryelka runtiisa wa dhamadka

Dhawacaga manta waa quruxdada beri

waxa ladhahay quruxdu waxey ku jirta xanuunka

Dareenkaga ajar oo khiyane

Hal mid qof hadalkisa wax dagdag ah haku
sameyn

Qofkas ayaa sas sameye ana waa sameyn oo
kaliya ha odhan waliga

Adiga iyo qofka kale ebid waxa tihin parallel line taas macnahedu tahay xisabtagudahisa in labo xarriq isgarab socda kuwas oo isgaren lana oganen dhamadkoda

Laba mid adi mid ku noolow oo dooro ma
Dareen mise caqli ayad malinlayashada ku socota

Waxyabha qurxon oo samey karto

- i. Adi naftada baro wax kasto ku sabsan
waxa jeceshahay
waxa nacebtahay
waxa ku fiicantahay
waxa ku xuntahay
maxad xiseysa
yad ushabahada
- ii. Degankaga baro
Gurigada
familkada
asxabtada
iyo dadka kale kugu hareresan
- iii. Malintada baro (malmahada kala xisabso)

Hada noshahay sanado micnaheda waxey tahay waxad noshahay bilo had abilo nooshahay waxa nooshahay isbucyo hada isbuucyo noshahay waxa noshahay maalmo hada maalmo noshahay waxad nooshahay saacado hada sacado nooshahay waxad noshahay daqiiqado hada nooshahay daqiiqado waxa noshahay ilbiriqsiyo

Marka adi iskuday ina nolato sacdo hada awoden malin hada awoden isbuc yesa ku dhafin tan

iv. Adi waxa kakoobantahy od isku qeybisa saddex:

Adi

Cunuga yariska ah ee kugu jiro

Xunkaga

v. Malinkasta cid ukala qeybi

naftada malin

nadafad malin

familka malin

nasino malin

shaqo malin

isbucaga kamida

Hindisaha aroortii
Hadana suubin
Sabinka ku ayamen
Miyanu siraqeynin
Saccade ahataba
Aminka socda
Sibana ha useegin
Sinjiga udheere saca saca
Sunkaga un na ubeedh

Adiga kuugu talaglay qoro ama qor